



Education, Health and Care Plans

Getting the right kind of support



Children and young people who need extra help with learning may have Education, Health and Care plans. Sometimes these are called EHC plans.



The plan will use information from your Education, Health and Care Needs Assessment to say what you want to achieve and what support must be provided to help you.

What is in the plan?



Everyone will have a different plan because it is all about YOU. We are all different. It will have information like:

- who you are, how you communicate,
- what you want to achieve,
- why you need help with things,

- what kind of support you need, and how often you must get it
- where you go to school or college (if you do).



Once this support is written down in the plan, it must be given to you. All the people that support you will be able to see your plan. It should help them work together to support you

You have the right to say what kind of information you think should be in your plan and who you want to see it.

Who gets a plan?

If you are aged 25 years or under and you need extra help with learning, then you might get a plan to help you get more support.



EHC plans will carry on until you are 25 years old. They will stop if:

- You go to University
- You get a job
- The local authority think you do not need it anymore

You can tell the local authority what you think about your plan and they must listen to you.



The local authority is sometimes called 'the council'. They might say that you do not need an EHC plan anymore if there are big changes that mean you no longer need the support in the plan. They will tell you first.

If you do not agree then you can say so. You can ask your local Information, Advice and Support Service for help.

Will someone help me to get a plan?



Information, Advice and Support Services can help if you have any questions about an education, health and care (EHC) plan.

Ask one of our members of staff for support.

- Contact Newcastle SENDIASS on **0191 211 6255** or
- email sendiassadmin@newcastle.gov.uk